

ERIN R. YOSAI, PHD, LP, NCSP

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Kansas Licensed Psychologist # PSY.02992
PSYPACT Authorization to Practice Interjurisdictional Telepsychology:
#APIT 7268
Nationally Certified School Psychologist # 51286

SUMMARY

Experienced Licensed Psychologist and Associate Professor skilled in developmentally-appropriate supervision, comprehensive psychological assessments, evidence-based interventions, and innovative experiential development for trainees.

PROFESSIONAL EXPERIENCE

University of Kansas School of Education and Human Sciences
(APA-Accredited Doctoral Program; NASP Approved)
Associate Professor of Professional Practice in School Psychology
Director of Clinical Training, OASIS Training Clinic

Aug 2021-Present

- Provide supervision for comprehensive psychological assessments addressing common presenting concerns such as: specific learning disabilities, ADHD, Autism, anxiety, and depression
 - Supervise entire intake, evaluation, diagnosis, and feedback process for graduate trainees serving diverse community-based and university-affiliated clients.
- Oversee trainees' initial clinical counseling and intervention experiences in evidence-based practice
 - Multi-modal approach to evidence-based intervention
 - Experience with implementing Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Acceptance & Commitment Therapy, TF-CBT, Positive Psychology Practice; & Motivational interviewing approaches
- Lead and supervise evidence-based academic and behavioral interventions through summer reading camps.
 - Spotlight: Camps built on KU research to help young readers improve, future school psychologists put theory to practice
- Developed and implemented an Advanced Practicum course creating increased clinical training opportunities for doctoral-level students.

Assistant Professor of School Psychology (Tenure-track)
University of Northern Colorado
APA- Accredited Ph.D. and NASP-Approved
College of Education and Behavior Sciences

Aug 2018-July2021

- Supervised initial clinical intervention experiences between trainees and community-based clients
- Supervised Advanced Counseling Ph.D. students in their supervision experiences
- Provided live-two-way supervision as well as post-session recording review
- Emphasized research on pandemic-and-post-pandemic intervention for college-aged students
- Spotlight: Working Toward Wellness

Clinical Counselor (Post-doctoral fellow)
University of Illinois -Disability Resources & Educational Services (DRES)
College of Applied Human Sciences

July 2017-July 2018

- Held caseload of 12-18 clients for short-term counseling, long-term therapy, and academic coaching. All were on-campus students registered as having a disability, across undergraduate and graduate ages (e.g. 18-38)
- Provided supervision to pre-doctoral interns and Clinical + Counseling Psychology PhD Students

EDUCATION

Doctor of Philosophy, School Psychology

2017

University of Montana, Missoula

Department of Psychology

APA-Accredited and NASP-approved School Psychology Ph.D. Program

Advisor: Dr. Anisa N. Goforth, PhD, LP, APBB

APPIC-Approved, APA - Accredited Predoctoral Internship:

2016

Illinois School Psychology Internship Consortium

Disability Resources and Educational Services (DRES – University of Illinois)

Vermillion Association for Special Education (VASE Educational Cooperative)

Master of Science, Psychological Science

2012

Montana State University, Bozeman, MT

Advisor: Dr. Ian Handley

Bachelor of Science, Psychology

2008

Baker University, Baldwin City, KS

PROFESSIONAL PRESENTATIONS (PEER-REVIEWED)

^ UNCO Graduate Student #KU Graduate Student

Jones, N#, Brewer, A#, Graham, H#, & and Yosai, E.R. (Feb 25) Summer Reading at the OASIS: Reading Intervention Camp Program Evaluation. Poster Presentation at National Association of School Psychologists Conference in Seattle, WA.

Dugan, A.#, Spadoni, S.#, & Yosai E.R. (Aug 24). Building a Community OASIS. Poster presentation presented at American Psychological Association National Conference, Blue ribbon winner; Seattle, WA

Yosai, E.R., Mickelson, L^, Basch, B.J., & Ryan, A. (Feb 2023) Small Steps Add Up: Brief Wellness Practices Change Schools. Mini Skills session presented at National Association of School Psychologists in February 2023.

Yosai, E.R., Basch, B.J., & Lee, K.M (Feb 2023) Leveling up: Successful Post-Secondary Transition for Intersectional Students. Presentation at Courage to Risk Conference 2023, Colorado Springs, CO.

Yosai, E.R., Basch, B.J., & Lee, K.M (Aug 2022) Extending the Alphabet: Continued conversations around clinical training in the COVID era. Live Panel Discussion at the American Psychological Association Conference, Minneapolis, MN

^Ryan, A.M., ^King, B., ^Mickelson, L.M., & Yosai, E.R (Febr 2022) App-based Mindfulness Practice as a Supplemental Mental Health Support. Live paper presentation at the National Association of School Psychologist Conference, Boston MA

^Mickelson, L.R., ^Ryan, A.M., & Yosai, E.R (Febr 2022) Meeting them where they are: Virtual Wellness Program Evaluation. Live paper presentation at the National Association of School Psychologist Conference, Boston MA

Lee, K.M., Yosai, E.R., & Basch, B.J. (2021, August) The ABCD's of Health Services Psychology: Adjustment, Burnout, COVID-19, & Diversity. Live Virtual Presentation at the American Psychological Association Conference.

King, B. L.,^ Ryan, A.M.,^ Arguello-Abrahamson, A.,^ Mickelson, L. M.,^ Yosai, E. R. (2021, March) Breathe in Breathe out: App-Based Mindfulness as a mental health support for undergraduate and graduate students (poster). Association of Psychological Sciences. Virtual Conference.

Mickelson, L.M.,^ Ryan, A.M.,^ Yosai, E. R. (2021, March) The Science of Wellness: Evaluation of a Brief Psychoeducational Program on Wellbeing and Self-Efficacy (poster). Association of Psychological Sciences. Virtual conference.

Mickelson, L.^ & Yosai, E. R. (2020, April). University Students with ADHD: Free therapy and coaching service utilization for students with disabilities. Poster Presentation at the Rocky Mountain Psychological Association Conference in Denver, CO.

Shmikler, E.^, Li, A.^, & Yosai, E. R. (2020, February). Supporting College Students with Disabilities Using Multitiered Systems of Support. Paper Presentation at the National Association of School Psychologists Conference in Baltimore, MD.

Marks, L., Yosai, E. R., & Goforth, C. (2020, February). Creating Early Career Connections: Cultivating Consultation Across Systems. Collaborative Conversation Presentation at the National Association of School Psychologists Conference in Baltimore, MD.

Reshel, B.^, Maher, M.^, & Yosai, E. R. (2019, April). Retention and grade point average of Deaf and Hard of Hearing students receiving post-secondary service. Poster presentation at the Rocky Mountain Psychological Association Regional Conference in Denver, CO.

Shmikler, E.^, Li, A.^, & Yosai, E. R. (2019, April). 15 Years of Disability Support Services in Post-Secondary Education: A Longitudinal Examination. Paper presentation at the Rocky Mountain Psychological Association Regional Conference in Denver, CO.

Yosai, E. R., Shmikler, E.^, & Li, A.^ (2019, February). Outcomes and Offerings: Multi-tiered systems of support in post-secondary education. Paper presentation at the National Association of School Psychologists conference in Atlanta, GA.

King, M., Yosai E. R., & Davenport, T. (2017, September). Disability and Intersectionality. Round-table presentation at Dennis H. May Conference on Diversity Issues and the Role of Counseling Centers in Champaign-Urbana, IL.

Yosai E. R., & Davenport, T. (2017, September). Executive Skills Coaching for Students with Disabilities. Presentation at Dennis H. May Conference on Diversity Issues and the Role of Counseling Centers, in Champaign-Urbana, IL.

Goforth, A. N., Yosai, E. R., Shindorf, Z. R., Holter, O., & Doty, D. (2016, August). Disproportionality in Indian Country: Examining Native American students in special education. Poster presented at the annual convention of the American Psychological Association in Denver, CO.

Thomas, P., Goforth, A. N., Schoffer Closson, J., Shindorf, Z., Yosai, E. R., Tilleman, M., & Holter, O. (2016, February). Effectiveness and parent acceptability of YETI for children with autism. Paper presented at the annual convention of the National Association of School Psychologists in New Orleans, LA.

Shindorf, Z. R., Yosai, E. R., Baker, M. R., & Goforth, A. N. (2015, February). A qualitative examination of cultural competence among rural school psychologists. Poster presented at the annual convention of the National Association of School Psychologists in Orlando, FL.

Shindorf, Z. R., Goforth, A. N., Yosai, E. R., Schoffer Closson, J. Thomas, P. & Anderson, M. (2015, February). Chasing the YETI: 'Youth Empowerment Through Intervention' for children with Autism Spectrum Disorders. Poster presented at the annual convention of the National Association of School Psychologists in Orlando, FL.

Goforth, A. N., Yosai, E. R., Shindorf, Z. R., Tilleman, M., & Huschka, A. (2015, February). The effect of client's religion on school psychologists' clinical judgment. Poster presented at the annual convention of the National Association of School Psychologists in Orlando, FL.

Goforth, A. N., Yosai, E. R., Shindorf, Z., & Ambrose, L. (2014, February). A cultural humility model of training for working with indigenous youth and families. Poster presented at the annual convention of the Trainers of School Psychologists in Washington, D.C.

Goforth, A. N., Yosai, E. R., Shindorf, Z., Potter, Z., Evans, M., & Gregory, J. (2014, February). School psychologists' sociopolitical ideologies and religious beliefs: Does it affect practice? Poster presented at the annual convention of the National Association of School Psychologists in Washington, D.C.

Goforth, A. N., Segool, N., Gonzalez, A & Yosai, E. R. (2013, August). Exploring ethical practices of school psychologists' use of social media. Poster presented at the annual convention of the American Psychological Association, Honolulu, HI.

Goforth, A. N., Beebe-Frankenberger, M., Yosai, E. R., & Yount, A. (2013, August). Roles & Ethical Practices of Rural School Psychologists: A Quantitative and Qualitative Examination. Poster presented at the annual convention of the American Psychological Association, Honolulu, HI.

Yosai, E. R., Goforth, A. N., & Beebe-Frankenberger (2013, April). Going the distance: Current unique career challenges faced by rural school psychologists. Presentation at the annual conference of The University of Montana Graduate and Faculty Conference. Missoula, MT.

Goforth, A. N. & Yosai, E. R. (2013, February). Roles & responsibilities of rural school psychologists. Poster presentation presented at the annual convention of the National Association of School Psychologists, Seattle, WA.

Rivers, A. M., Yosai, E. R., Handley, I. M., Hutchison, K. A., Stefani, K., Close, S., & Riemer, D. J. (2013, January). Higher working memory does not help judgments reached in the deliberation-without-attention paradigm: Support for an unconscious thought interpretation. Presented at Society of Personality and Social Psychology, New Orleans, LA.

Yosai, E. R., Jackson, J., Close, S., Handley, I. M., Rasinski, H. M., Fowler, S. L., & Geers, A. L. (Jan. 2012). Dissimilarity Mindsets Promote Expectation-Consistent Perceptions for Re-experienced Stimuli. Poster accepted to the 13th annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

Handley, I. M., Dunkel, R., Yosai, E. R., Jackson, J., Close, S., Stefani, K., Runnion, B. & Widdekind, M. (Jan. 2012). Distraction Reduces the Effect of Persuasive-Argument Quality on Attitudes, Unless Individuals Think Unconsciously. Poster accepted to the 13th annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

**PROFESSIONAL
PRESENTATIONS
(INVITED)**

Yosai, E.R. (AY 2023-2025) Small Steps Add Up: Learning and Applying Personal and Professional Self-Care. Presented to two sections of Curriculum & Teaching 100 undergraduate courses (approx. 40 students each). University of Kansas, Lawrence, KS.

Yosai, E.R. Ryan, A., & Mickelson, L. (2022) Self-Care in Seconds: Additive Wellness Interventions in professional and personal practice. National Association of School Psychologists Professional Development Webinar Series, April 2022.

Yosai, E.R. (2022, October) Tending the Seeds: Maintaining Academic and Mental Health during Crunch Time. Presented to two sections of Curriculum & Teaching 100 undergraduate courses (approx. 40 students each). University of Kansas, Lawrence, KS.

Yosai, E.R. (2022, April) Planting the Seeds: Sustaining Academic and Mental Health Self-Care. Presented to the KU Student Ambassadors group (approx. 110 undergraduate students)

Yosai, E. R. (2022, April) A Career that Makes a Difference: School Psychology at KU. Presented to PSYC 484 Classroom to Career (Schmalzeried) (approx. 30 undergraduate students)

Yosai, E.R. (2022, March). Surviving Semester Stress: Self-care in Seconds Presented to the Curriculum and Instruction 100 Undergraduate course (approx. 40 students and KU staff).

Yosai, E.R. (2022, February) Surviving Semester Stress: Self-care in Seconds Presented to the Curriculum and Instruction Graduate Student Group (approx. 20 students and KU staff).

Yosai, E.R. (2021, December) Wilting Wellness: Maintaining Academic and Mental Health during Crunch Time. Presented to two sections of Curriculum & Teaching 100 undergraduate courses (approx. 40 students each). University of Kansas, Lawrence, KS.

Yosai, E.R. (2021, November) End of Semester Survival, Self-Care, and Stress. Presented to the University of Kansas Delta Delta Delta Sorority (approx. 125 students) Lawrence, KS.

Yosai, E.R. (2021, December) Wilting Wellness: Maintaining Academic and Mental Health during Crunch Time. Presented to two sections of Curriculum & Teaching 100 undergraduate courses (approx. 40 students each). University of Kansas, Lawrence, KS.

Yosai, E.R. (2021, November) End of Semester Survival, Self-Care, and Stress. Presented to the University of Kansas Delta Delta Delta Sorority (approx. 125 students) Lawrence, KS.

Yosai, E.R. (2021, September). Sustaining Self-Care in During Graduate School in Extended Pandemic Conditions. Presented to the University of Kansas Educational Policy and Leadership Cohort. Lawrence, KS

Yosai, E.R. (2021, September). Sustaining Self-Care in Extended Pandemic Conditions... Presented to the University of Kansas School of Education and Human Sciences faculty at the annual Faculty Retreat. Lawrence, KS

Yosai, E. R. (2020, April). Managing Crisis Mode: Self-Compassion for Teens. Presented via video conferencing to Windsor High School women's basketball teams. Windsor, CO.

Dobbin, A., Thomas, L., Marks, L., & Yosai, E. R. (2020, February). Special Session: The Truth About Work-Life Balance and Self-Care. Special Session sponsored by the Early Career Committee at the National Association of School Psychologists Conference in Baltimore, MD.

Yosai, E. R. (2020, February). Mindfulness and Youth. Presented at the Rocky Mountain Dialogues on Mindfulness Conference in Greeley, CO.

Yosai, E. R. (2019, June). Leveling Up: Promoting Successful Transitions into Post-Secondary Education for Students with Disabilities. Presented at Colorado Department of Education's Transition and Leadership conference in Denver, CO.

Yosai, E. R. (2018, August). Mindset Matters! Presented at Girls2Women Night of Empowerment. Loveland, CO.

Goforth, A. N., Yosai, E. R., Brown, J. A., & Shindorf, Z. R. (2017). A multi-method inquiry of the practice and context of rural school psychology. *Contemporary School Psychology*. doi: 10.1007/s40688-016-0110-1

Goforth, A. N., Pham, A. V., Chun, H., Castro-Olivo, S. M., & Yosai, E. R. (2016). Association of acculturative stress, Islamic practices, and internalizing symptoms among Arab American adolescents. *School Psychology Quarterly*. doi: <http://dx.doi.org/10.1037/spq0000135>

Book Chapters

Yosai, E. R., Goforth, A. N., & Shindorf, Z. (2017). Social Caring. In R. Summers (Ed.), *Social psychology: How other people influence our thoughts and actions*. Greenwood Publishing: An imprint of ABC-CLIO, LLC. Santa Barbara, CA.

Shindorf, Z., Goforth, A. N., & Yosai, E. R. (2017). Stereotypes and their impact. In R. Summers (Ed.), *Social psychology: How other people influence our thoughts and actions*. Greenwood Publishing: An imprint of ABC-CLIO, LLC. Santa Barbara, CA.

Non-Refereed Publications

Mickelson, L.^, Baldo, A. & Yosai, E. R. (2021, January). Optimizing Fidelity in School-based Psychological Consultation. *Colorado Society of School Psychologists Quarterly Newsletter*, Jan 2021. Retrieved from <https://www.cssponline.org/>

Mickelson, L.^, & Yosai, E. R. (2020, June). Hungry for more: School Psychology and U.S. Food Insecurity. *NASP Communiqué*, 48 (8). Retrieved from [https://www.nasponline.org/resources-and-publications/periodicals/communiqu%C3%A9-volume-48-number-8-\(june-2020\)](https://www.nasponline.org/resources-and-publications/periodicals/communiqu%C3%A9-volume-48-number-8-(june-2020)).

Shmikler, E.^, Arguello-Abramson, A. R.^, Yosai, E. R. (2020). What COVID-19 Means for Practicing School Psychologists. *Colorado Society of School Psychologists Quarterly Newsletter*, May 2020. Retrieved from <https://www.cssponline.org/>

Otero, C.^, Landrieu, L. C.^, Hein-Silva, Z.^, Yosai, E. R. (2020). Nomophobia: It's in our hands. *Colorado Society of School Psychologists Quarterly Newsletter*, May 2020. Retrieved from <https://www.cssponline.org/>

Yosai, E. R. (2020). Deliberating on Deliberate Practice: A Mindful Vision for Training and Supervision. *Colorado Society of School Psychologists Quarterly Newsletter*, Jan. 2020. Retrieved from <https://www.cssponline.org/>

Yosai, E. R., & Goforth, A. N. (2016). Native American school psychologists: Helping students succeed in school and in life. *Tribal College Journal*. Retrieved from <http://www.tribalcollegejournal.org/archives/3232>

Yosai, E. R., Ahlers, K., Rose Baker, M., & Goforth, A. N. (2016). The special education process: A primer for psychologists outside of school settings. *The Montana Psychologist*.

**INSTRUCTOR
EXPERIENCE**

Class Name	Class Description	Institution	Semester and Year Taught
EPSY 860: Social, Emotional, and Behavioral Assessment in Children and Adolescents	Lecture-based course introducing Social-emotional-behavioral assessment, clinical interviewing, and report writing	KU	SP 2025
EPSY 975: Therapeutic Intervention: Home and School	Lecture-based theories and applications course covering evidence-based therapies in school and clinic settings.	KU	FA 2024
EPSY 911 Adv. Practicum in School Psychology	Supervision-based course about school-based practica experiences	KU	SP 2024
EPSY 895 Adv. Clinical Assessment	Elective course for advanced doctoral SPSY & CPSY students	KU	SUM 2022 SUM 2023
EPSY 855: Psychoeducational Clinic I	Ed.S & Doctoral School Psychology course	KU	AY 2021-2022 AY 2022-2023 AY 2023-2023 AY 2024-2025
EPSY 865: Psychoeducational Clinic II	Ed.S & Doctoral School Psychology course	KU	AY 2021-2022 AY 2022-2023 AY 2023-2023 AY 2024-2025
SPSY 618: Introduction to Child, Adolescent and Family therapy	Ed.S. & Doctoral School Psychology course	UNC	AY 2018-2019 AY 2019-2020 AY 2020-2021
SPSY 748: Adv. Supervision & Leadership in School Psychology	Doctoral School Psychology supervision course	UNC	AY 2020-2021
SPSY 663: Seminar in Doctoral Research	Doctoral School Psychology practicum course	UNC	AY 2019-2020 Summer 2020 Fall 2020

INSTRUCTOR EXPERIENCE

SPSY 776: Externship Year Supervision	Doctoral school Psychology course	UNC	Fall 2019
SPSY 667: Intervening with Crisis and Trauma in the Schools	Ed.S. & Doctoral School Psychology course	UNC	Summer 2019
SPCE 683: Field Experiences in Treating Autism Spectrum Disorders	Master's level Special Education course	Ball State University	Summer 2020
SPCE 680: Introduction to Autism Spectrum Disorders	Master's level Special Education course	Ball State University	Jan 2018 AY 2018-2019 AY 2019-2020 AY 2020-2021
EPSY590: Beginning Adult Assessment	Doctoral Counseling Psychology course	UIUC	Summer 2017 Summer 2018
PSYX 250s: Fundamentals of Learning and Behavior	Online undergraduate course	University of Montana	Spring 2016
PSYX 230: Developmental Psychology	In-person undergraduate course	University of Montana	Spring 2015
PSYX 270: Fundamentals of Learning and Behavior	In-person undergraduate course	University of Montana	Interession 2015
PSYX 250: Fundamentals of Biological Psychology	In-person undergraduate course	University of Montana	Spring 2014
PSYX 270: Fundamentals of Learning and Behavior	In-person undergraduate course	University of Montana	Fall 2013